

Cascade Pool Rules and Regulations

The following regulations were established by the Cascade Park Board to insure the rights of all participants and to protect the users of the swimming pool. They are based upon health and safety fundamentals and common sense.

General Pool Rules

1. All personal belongings should be placed on the decks, not along the sides of the pool. Keep track of your own belongings; the Cascade Pool is not responsible for any lost or stolen items.
2. No pushing or shoving.
3. No dunking.
4. Walk at all times.
5. All food, pop, gum should stay in the concession stand area or outside.
6. Smoking is not allowed on pool grounds.
7. Patrons are required to shower and be clean before entering the pool.
8. No diving in the 3, 4, and 5 foot.
9. Anyone with an open cut, athlete's foot, or other infection will not be allowed into the pool.
10. Use appropriate language at all times.
11. Playing, sitting, pulling, or standing on ropes is not allowed.
12. Put all trash in the trash cans.
13. Excessively large floating devices are not allowed.
14. The lawn chairs are for sitting on, not a place to keep your belongings.
15. When guards blow their whistles in unison, everyone is expected to exit the pool immediately.
16. When in need of first aid or assistance come to the check room.

Diving Board Rules

1. One person is allowed on the diving board at one time.
2. All dives must go straight off the front of the board.
3. Do not hang on the diving boards.
4. Handstands on boards are not allowed.
5. No noodles allowed on the boards. Lifejackets are permitted if an adult is at the side of the pool watching.
6. If an adult would like to catch a young child off the boards, they must ask the lifeguard on chair beforehand.
7. After diving swim directly to the nearest side of the pool or straight to the 5ft; do not swim under the board.
8. The person going off the board ahead of you must be to the wall or under the rope before you can go off.
9. Patrons diving in the deep end must be able to swim the length of the deep end at the lifeguards request.
10. The diving boards can only be closed if there is less than 20 total people in the pool area.

Slide Rules

1. One person is allowed on the slide at one time.
2. Wait until the red box is clear before going down the slide.
3. No noodles or floating devices allowed on the slide.

The pool management, park board, and city council reserve the right to rule on matters not covered in the above rules and regulations. In many cases, matters not covered in the above regulations will be left up to the judgment of the pool management.